HELLO SPRING!

WINTER/SPRING 2023
ALDA News
VOLUME 39, ISSUE 1
ALDA President Laura Sinclair shares, "From where I sit, it doesn’t look a lot like Spring. March is coming in like a lion for my part of the world. We expect nothing less up here in the land of “tough sledding”. As a landscaper and no fan of the white stuff that falls from the sky, I meet the change of seasons with mixed emotions. It means outside work is soon to need tending to but the rewards are great..."
Continue reading.

Advocacy Corner
John Waldo reports on the status of federal court cases for hearing aid insurance coverage.

Treasurer's Report
A summary of ALDA’s finances for 2022 from our Treasurer, Joe Linder.
What Spring Invites
by Shanna Grove
"Spring is a time of renewal and growth that is ours for the taking. Hearing loss does not mean that our days of enjoying nature sounds are over. We just hear things differently through hearing aids or cochlear implants." ALDA member Shanna Grove reminisces about springtimes past and shares her experience of reconnecting with nature.

Trying OTC Hearing Aids
by Marc Tosiano
"... I did not feel that I received much guidance in this new topic of hearing aids so I started doing my own research online to learn more. Later in the fall, I started hearing about over-the-counter (OTC) hearing aids. I contacted the ENT office to ask the audiologist about OTC options only to be told that she didn't know or couldn't say anything about them. ...More frustration.

My own research made it clear that not all OTC hearing aids are alike. With the recent Congressional legislation, what used to be called an amplifier
What Do Spring and the Time of Renewal Mean to Me?
by Kay Tyberg
"The fact everything comes alive is my first thought. This includes color, warm air, and beauty is shared within our sphere...The beauty of being Deaf, deaf, and hard of hearing is our visual sense kicks in when our ears are not able to do..."
Read the whole article.

Snow in Maine
ALDA Region 1 Director Debra Bare-Rogers writes, "As I turn my wall calendar from February to March, it is hard to believe that Spring is around the corner. Why? Outside there is snow, softly blanketing the trees and could now be called a hearing aid as well. My frustration was now morphing into confusion."
Read the whole article.

Greetings from Palm Beach Shores, FL.
My name is Catherine Broadhead and I am the new Region 3 Director. Region 3 spans many states and countries, but let's come together and support each other. Please join us for our next online meeting in April and bring your ideas for future topics and
driveway, six inches deep."

Continue reading.

speakers. Information regarding the meeting will be emailed to you in a few weeks.

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One of Us

In the latest in this series of interviews by Karen Krull, we get to know ALDA Vice President Ellen Perkins.

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**ALDA 2023 BOARD MEMBERS**

**President:** Laura Sinclair
**Past President:** Ken Arcia
**Vice President:** Ellen Perkins
**Secretary:** Tina Childress
**Treasurer:** Joe Linder
**Region 1:** Debra Bare-Rogers
Region 2: Sarah Wegley
Region 3: Catherine Broadhead
Region 4: Susan Beckett

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how was your vacation? the pictures you shared looked amazing did you want to get together for dinner next week?
ALDA CHAPTER NEWS

ALDA Seacoast NH
Photos from ALDA Seacoast NH's annual holiday party Jan. 7, 2023. We tried remote CART for this Yankee swap/potluck meeting hosted at NH's D/HOH nonprofit office, NDHHS. We move our meetings and socials around the state for more attendance opportunities. Read Laura Sinclair's 2022 Summary article.
The Suncoast Chapter and friends from all over enjoyed “Weekend at Bernie’s 2” last month. This included a Valentine’s potluck in Lutz, Florida at the home of Bernie Palmer and Bonnie VanBuskirk. Thank you to Bernie and Bonnie for hosting!

ALDA Boston

ALDA Boston enjoyed an in-person annual holiday party on January 15th, at the home of Ann Tanona; along with Ann ALDA president Louis Sakin and vice president Linda Sakin, were hosts and facilitated the intermingling of twenty-four guests. For the first time in many years, we also had the ALDA National president, Laura Sinclair, National vice-president, Ellen Perkins, who also treated us with free ASL interpretation, and Region 1 director, Debra Bare-Rogers, attend! We enjoyed seeing new and old faces and sharing the pleasure of being together.
ALDA Chicago

Despite the snowy weather and potential for icy roads, those pictured here got together for a post-holiday Meet-Up Lunch at Anyway's Restaurant in Oakbrook Terrace on Jan. 23rd. Everyone had a really nice time as is evident by all the smiling faces haha! Food was good, too. And look who was able to join us... yes, it's John Garvey there way in the back, waving his hand high in the air (smile). We were so happy he was able to join us. It was sure great to see him. We wish more of you could have made it. We miss seeing you and hope you come to one of our gatherings soon.
Happy 90th Birthday, Cleo!
Cleo Simmons was presented with birthday cards from ALDA members collected by ALDA Chicago. She was very pleasantly surprised and was even somewhat speechless that so many thought of her and either wanted to share memories of their times together or simply wish her happy birthday. It definitely made her feel special. Thank you, everyone.

ALDAcon 2023 "Longhorn Special" Registration rate expiring March 17th, 2023 - Click here for more details
COME KICK UP YOUR HEELS!

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2023
AUSTIN, TX

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Susana Flores ’16
B.S. Museum Studies, and immersion in Deaf Studies
Chapter/Group Outreach!

Thanks to our ALDA Chapter and Groups, we are reaching more individuals experiencing hearing loss and late-deafening. Looking for support near you? Get involved with your local Chapter or Group - or start your own today!

Per the new submission guidelines provided, ALDA chapter and groups can now submit their reports directly to ALDA News Submissions.

Please advise if your chapter/group are using other outlets to share your news and events. Thank You!
There is room for a limited number of volunteers for the following areas:

- **Submitting articles for the quarterly ALDA Newsletter**

- **Volunteering with the Social Media Committee to help create content and work on the website**

Simply email at alda@alda.org and share why you would like to volunteer.

Many thanks to all our ALDA volunteers and our members. Together, we maintain the ALDA tradition to learn, advocate, support, make life long friends and have fun.

Whatever Works!

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